



CHILD HEALTH MONTH

Dear Child Health Month Participant:

We are pleased to join with you in this year's Child Health Month observance. As we approach the next millennium, we must continue our efforts to improve the quality of life for all children. The Child Health Month celebration offers us the opportunity to continue our support for substance abuse prevention from the earliest stages of life, throughout the teens years and beyond.

The theme selected for this year's observance is "Solutions Before Problems" and emphasizes substance abuse prevention with a special emphasis on inhalant abuse among children and teens. While most Nebraska children in the middle school age range have not used inhalants, marijuana, tobacco and alcohol, far too many have or will. Research shows that early involvement with alcohol and other drugs has dire consequences including greater risk for developing alcoholism, experimenting with illicit drugs, having premature sexual activity, becoming involved with the law, experiencing school problems and being injured or killed.

As we join together to celebrate this worthy observance, we must spread the message that substance abuse prevention is key to increasing the chance that Nebraska's children will live healthy and productive lives. Thank you all for your efforts.

Sincerely,

The Alcohol and Drug
Information Clearinghouse

